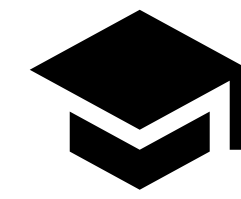




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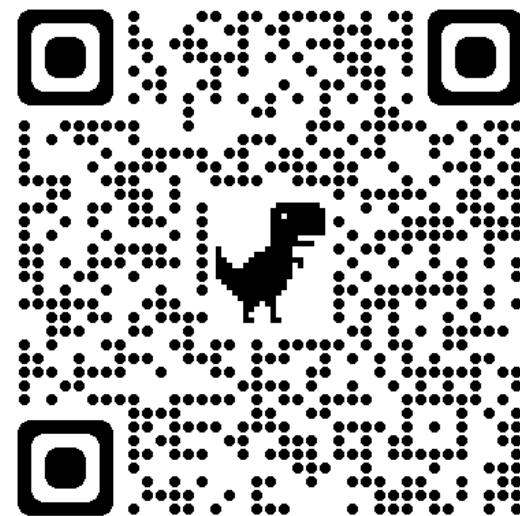
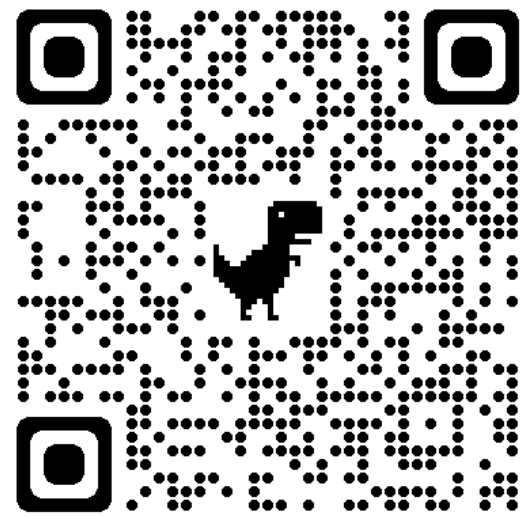
316.554.2331

Penny Schuckman

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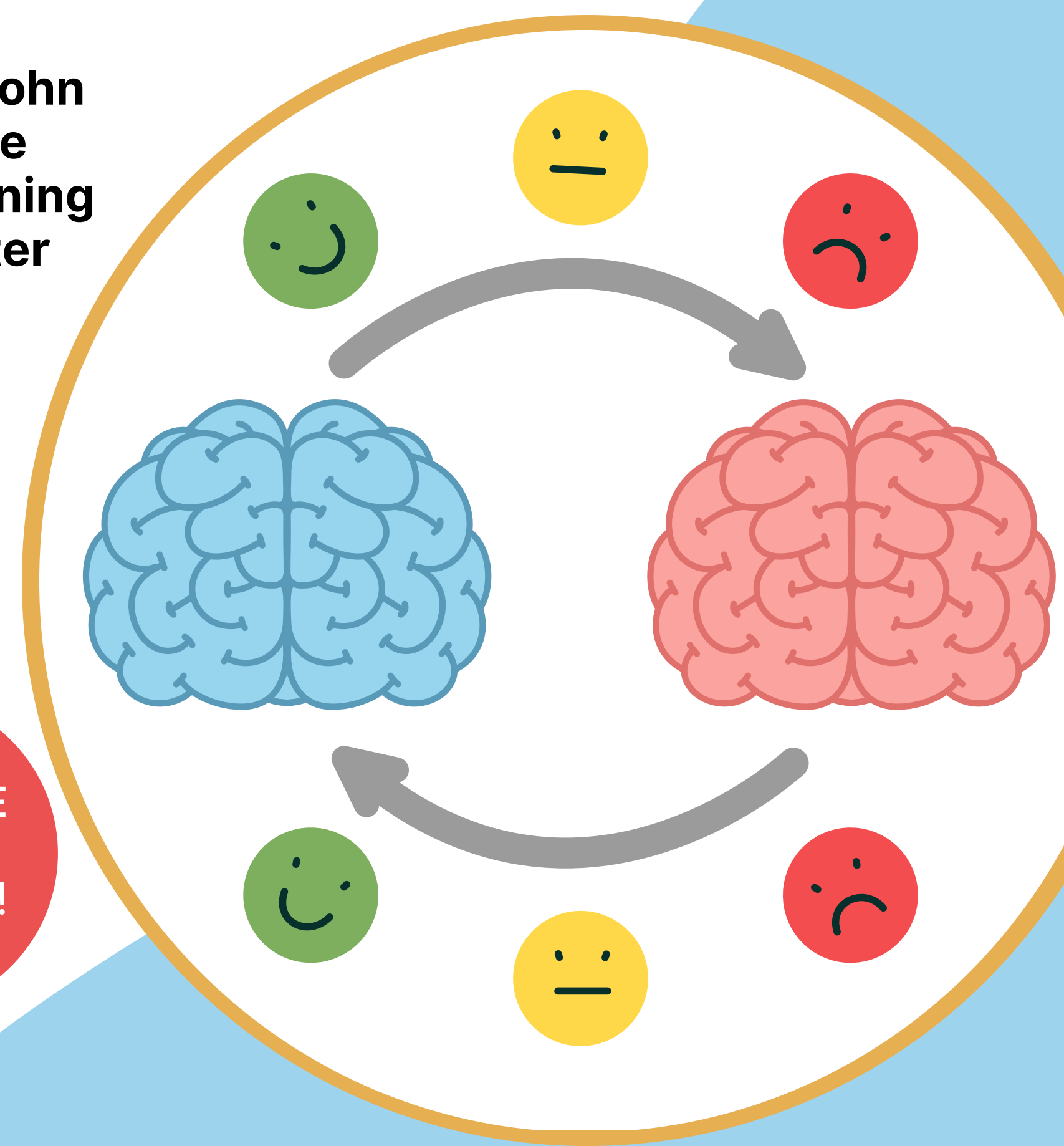
Ashleigh Taylor

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150 Stewart Ave
Haysville, KS 67060

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HELPING YOUNG PEOPLE LEARN SELF-REGULATION

January 10, 2025
8:30 am - 3:30 pm

WORKSHOP DESCRIPTION

Self-Regulation includes a set of insights and skills students need for academic success, emotional control, and healthy social interaction. Helping young people improve their self-regulation skills can help them to better handle anger issues, anxieties, impulsiveness, academic challenges, classroom behavior issues, self-esteem struggles, social troubles and more. The presenter will provide recommendations and strategies that you will be able to use with all students, and in particular with students who have behavioral and/or emotional self-control issues. The content of this seminar is consistent with the principles underlying the RTI/MTSS and positive behavior supports movements. In this seminar you will learn how to apply step-by-step strategies/activities to teach young people how to increase self-regulation including: Cooling the Flame, My Warning Signs, Melting Freeze, You Can't Make Me Laugh, Free Emotional Expression, Challenge Software Program, and Defiance Trap.

PRESENTER INFORMATION

Brad Chapin is a best-selling author and an internationally recognized speaker in the area of self-regulation. He has nearly 20 years of experience in behavioral health serving children and adults. Brad has a passion for teaching parents and professionals the importance of helping children develop healthy self-regulation skills. He continues to create innovative strategies utilizing technology to engage children in the process. Brad believes that self-regulation provides an easy-to-learn and easy-to-implement framework for addressing many of the problem areas children and families experience including ADHD, anger/behavior problems, academic issues, social/emotional problems, autism spectrum disorders and anxiety/depression.

DATE: Friday, January 10, 2025

TIME: 8:30 am - 3:30 pm

LOCATION: Dr. John Burke Learning Center

COST: \$100 Out of District
Free to Haysville USD261 Staff

PAYABLE TO: Dr. John Burke Learning Center, USD261

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**REGISTRATION DEADLINE:
JANUARY 3, 2025**



Register Now

www.usd261.com/learningcenter

